## The Ascension Plan Part One Channeled by Eric Klein

**Eric Klein:** A Twin Flame is a, you might say your, equal and opposite double or your, other, another aspect of your higher self, a being which is completely connected with you, or shall I say a being who had their origins at the same time as you did.

You might say that you were manifested at a certain point into individuality. And you came from a Twin Flame combination. So if you are the feminine aspect of yourself there is a masculine aspect for lack of a better terminology. There is a being that is your ideal mate.

One aspect of Ascension is that generally you are reconnected with your Twin Flame essence. And it is quite beautiful. The longing to be reconnected with the Twin Flame, to have the ideal relationship, the ideal love expression is a very strong drive in human beings.

It is the, you might say the origin, of your drive for relationships. Because at some level you are aware that there must be an ideal relationship. Because it feels so natural to you. So the Twin Flame is the, you might say, the perfect relationship for you, that being that is most completely aligned with you and is in fact part of you on some level.

Many of your Twin Flame essences are not in physical form at this time, they are working from the Ascended state. In fact, I think some of you have Twin Flames who you will be reuniting with upon your Ascension. So if you are having trouble with finding the perfect mate for yourself there may a very good reason. They may not be here.

So I think that as you grow spiritually, it is something like a magnetic attraction which begins to occur between the Twin Flames as the Twin Flames, if, for example, both were on Earth, as they grew spiritually, the magnetic attraction between them would draw them together at a certain point.

If they are not both in physical incarnation the attraction will be completed when the Ascension occurs. That's a book in itself. But that's a little overview of the situation with Twin Flames. It is quite a beautiful experience.

You also have soul families, you might call them. And you will be more and more reconnected with them as you grow and especially after your Ascension. There are beings who were created at the same time you were in the same space and in the same way who have the same characteristics as yourselves.

And that is a very family-type of feeling. To be reunited with these, most of your families are not in third-dimensional reality, most of your connections are waiting for you to Ascend and then you will have a reunification with them. Upon your Ascension you will be aware once again of who you really are and of these connections.

And it will be somewhat like waking up from a dream and remembering who you are. When you wake up in the morning you may be aware that you have just had a strange dream, very involved, and yet within 30 seconds you are awake and fully present in your normal consciousness and in your normal personality.

This is somewhat like the Ascension process is, you will wake from this third-dimensional experience and it takes a little more than thirty seconds but you will be reunited and reacquainted with your own higher-self, your own real personality and then this will be the dream, you see?

There are many variables which dictate the timing of this event. And it is not in our control, even my own control, I wish that it were. But it is only from the highest source that the final word will come, that the time is right for the waves of Ascension to begin.

So we are waiting to collect as many starseeds as we can for the first wave. In fact, we are calling the first wave the Leap of Faith. For those of you who go in the first the wave will have little to go on except our channelings, our information, your own spiritual experience of our presence and your own belief and your own faith.

Those who come in the second wave and the third wave will have some visible experience that it is possible because they will be face-to-face who has done it already. Which will be you.

Your proper attitude I would say would be to rather than to wait and hope day by day for the Ascension to come and save you from third-dimensional life which many of you cannot help experiencing that longing, I tell you the longing will perhaps grow within you as you come to the awareness of the truth of this.

For there is part of you that has been longing to return for some time. But I would suggest that your proper attitude would be one that you are ready to go at any time but you are maintaining your responsibilities in your lives and prepared to stay for as long as is required. I do not think again that will more than five years I think it will be much less than that.

But what we are doing or what my opinion of what the Creator has in mind is that he is waiting until the last possible moment to gather as many starseeds as possible into the first wave so that there are the maximum number of Ascended Masters returning to do the maximum amount of good to cover the Earth with Christs.

So if it takes a little bit longer than you hope, it is because, in my opinion, he is waiting until that last moment. For the more who come on the first wave the more will be saved in subsequent waves, the more will experience this.

Again the first and second waves are primarily going to be made up of starseeds the first wave will undoubtedly be starseeds and only a small percentage of starseeds who are awake to this and the second wave will most likely be the vast majority of starseeds, hopefully.

Hopefully some humans who are not of that category will be open enough to go but generally the third wave which will occur at the last moment before the major transformation and cataclysm, as you might view it. I will call it a transformation of the Earth's surface occurs. At that point it will not be possible to sustain life on this planet.

This will most likely occur within this decade. I think Ashtar can give you more information about that, more specifically and scientifically but know that our goal is to within three waves of Ascension to lift as many beings as possible from this world into their higher state of awareness.

The Earth will undergo its transformation. It will become a fifth-dimensional entity. And then there will be a re-population of the Earth by many beings who are themselves in a state that is compatible with fifth-dimensional reality.

So you might say that no one will be allowed to be Earthlings unless they are Ascended Masters in a very short time.

An excellent question. The self-healing that you are speaking of is something we are going to be addressing dramatically within this very course that you are undertaking. Let me say that you have an emotional body, each of you, that has been with you for many lifetimes, all of your lifetimes.

It has borne the brunt of a lot of negativity and fear, confusion and you are all to some extent scarred by this in your emotional bodies. If you have been working on yourselves, if you have been doing your healing and meditations and you have processed a great deal of it, if you are more new to this then you have a little bit more to do.

Yet I would say that the transformation that is necessary for you in particular and for anyone is not something that will take a great deal of time. You do not need to be one hundred percent healed and whole emotionally or spiritually in order to Ascend.

It may sit a little bit easier for you to go through the process, it makes it a little bit more enjoyable perhaps but there is nevertheless the opportunity for you to do so.

We can work miracles with each of you. This is our intention. There were people from the first and second classes who did not necessarily meditate very much or anything of that nature, through the course of their class they began to meditate and feel the connection with their guidance and by the end of the class they were channeling Ascended Masters themselves.

This is something that can occur as a result of your interactions with us. We will be working with you especially if you choose to accept this Ascension path as your goal, we will be working with you quite directly and quite dramatically. Showering you with our love and healing.

Assisting you to release those limitations that you have accepted around yourself, all the pain and suffering that each of you has absorbed that still to whatever extent clings to your emotional bodies and your beings. This can be surrendered, it can be released.

And it does not need to be painful. It does not need to be overly difficult. It will be challenging. So I would say for you to, let me say for example, I will say, I will assume and this is an assumption, that you are going to, at the end of this class, feel a commitment to pursuing the Ascension and to taking this course.

And then you may feel like you have a lot of work to do or a lot of healing that needs to be done. I would simply do the best that you can to open yourself to this process, do some meditations. You can get some guidance in meditation if you desire. I will help you or others can help you.

And if you sincerely apply yourself and if you have a sincere desire in your heart I do not see any reason why it is not possible for you to go. If you are not going on the first wave, if it is not your state to go in the first wave, perhaps you are not quite ready or some other reason or you choose not to go on the first wave, there will be another wave which occurs not too far after the first wave and you can in all likelihood be well prepared by that time.

But I would not give up on yourself and feel like you cannot experience the healing and make the first wave. You do not know when it will be. I would say to recognize that you are a very powerful and divine being. You have, as all have, accepted limitations and veils and accepted more of the pain of life or more of the density that exists here into your self, into your body. This will be released.

If you have a sincere desire it will be released. You can participate in it and a lot of it will be occurring without your active participation. This is the time when miracles are going to occur so I think this is not as large a miracle as you might think.

So be positive and make your choice not based upon what you feel is possible for you but make your choice based on what you would like if anything were possible for you. You may be feeling in your heart that "oh, I am not worthy" or "I am not ready for Ascension".

And yes your heart may be feeling you I would like to Ascend more than anything else in this world at this time. You can choose to relate to that part of you which feels that you can't do it or you can choose to relate to the part of you that knows it wants to.

So relate to that part of yourself. That's all you need to do basically. And you will receive guidance and you will be led to various experiences as you were led to this particular channeling. There are no accidents. We are not collecting any dead wood here. We are only collecting beautiful beings. And you are all in that category.

You may see a ship from the Ashtar Command, we can, of course, materialize in the third-dimensional sphere where you can experience us, in future that will happen en masse. It is the plan. The Earth will be surrounded by ships visibly at the last stage of the final evacuation but for the most part we are remaining invisible on the fifth-dimension, it is much safer.

The Ashtar Command has contacted all of the world leaders and the world leaders have not been very open to exchanging information and opening to the presence so for this reason it is not entirely safe for the Ashtar Command to manifest in third-dimensional reality.

Pleiadians and the beings from the origins of Orion are also positive. The stargate within the Orion constellation is an inter-dimensional doorway into other dimensions, you might say. It is through this doorway that many of these Ascended beings come in their light vehicles.

Why are you so different? You might ask. Why are your hearts a little bit more open, why are your minds a little bit more open to this possibility. It is because you have a somewhat higher origins. Those of you in this room with me now are what I would classify as lightworkers or starseeds. You are, believe it or not, very evolved beings.

You are very beautiful. And courageous beings I might add. For you are among those who chose to come here to leave the Ascended state and to take third-dimensional incarnation many thousands of years ago, in order that you might assist humanity, in order that you might assist in the transformation of this planet.

It is time for you to realize your origins and at least to some extent begin to appreciate yourselves for who you are beyond your minds and your personalities, beyond your limited concepts of yourselves. This is why you are the first to hear of this, or among the first.

And this is why you are awake to the possibility of these things. Many have heard these descriptions of the Ascension and for some reason they do not awaken to that. For some reason they are somewhat sleepy or in disbelief. Their time will come and now it is your time.

You have done a lot, you have been rather successful individually and yet collectively I would say that the change that is intended for this planet has not proceeding as smoothly or as rapidly as we had hoped when this process, when this choice was made for you to incarnate here.

So the original plan requires a little bit of a boost at this time. What has happened is most of the starseeds have fallen asleep themselves. This is why the world is so sleepy and why even the starseeds are sleepy, because it is an aura of confusion and sleep which surrounds the planet. The light has not broken through fully yet, though it is making great strides to do so.

So I ask you to open to the possibility of your higher-selves, of your light bodies, of your own divinity and open to the possibility that you are Ascended beings who descended at a certain time in history to do the work that you have been doing and now it is time, your internal clock has gone off, your alarm clock has gone off and awoken you up.

You heard the words Ascension, you perhaps read some information about it or heard some information about it and your internal alarm clock went off. Something in you said "Hm, this is for me."

It is because you are programmed to awaken. You are programmed for this time, for you knew that no matter what occurred in your third-dimensional lifetimes, you would not be left behind when the hierarchy comes to, how to describe it, to elevate the consciousness and to lift and transform.

So now it is time and you are receiving your wake up call and you are waking up quite beautifully. There is more to do, there is more to experience. You will experience it.

For you see there is a great deal of involvement by the Ashtar Command and the Extraterrestrial Ascended beings. There are many ships surrounding the Earth. There are not visible to you because they are in higher dimensions. They are not visible to your Earthly radar. They are not visible to the space shuttles.

But let me say the skies are swarming with Ascended beings awaiting this time who have been preparing for this time to do this work, to do this lifting. So what is the process? Many experiences. And yet always returning to this body because this body is the platform from which the launch will take place into the fifth-dimension.

As this is the intention let me say anyway, of having a physical body, at this time especially, so I would say that your Ascension will be all but identical to my own Ascension, in that you will not leave your bodies behind and go to a high state of consciousness but your bodies will be transformed also.

The molecules and atoms, your subatomic particles, all that you are will be transformed and accelerated into the fifth-dimension, so therefore we will have three waves of Ascension. The first two waves being the returning of the starseeds to their true states, the re-Ascending you who are originally Ascended beings who have come here.

It is our hope that many of those lightworkers will awaken, will avail themselves of the opportunity to return in the first or second wave of Ascension. The first wave is imminent I might say, it is our hope that it will occur very soon. The sooner the better in my opinion. For it is those who Ascend within the first wave who will be given the opportunity to return to Earth shortly as Ascended Masters.

To walk among humanity and to teach and to perform your miracles, to share this incredible message, to assist in the transformation of human beings.

This is ultimately the purpose that you came here for and it is time for you to open to the possibility that you can complete your Earth missions and do this work from a higher perspective quite a bit more effectively than you have being so enmeshed in third-dimensional life and its limitations.

So upon the Ascension of the first wave there is an opportunity for choice. And many choices will be given to you. You can choose to return as an Ascended Master in a light body, having a body that is immortal, having the ability to materialize and de-materialize at will, to zip back and forth between the ships and the planet.

To perform miracles, to create spontaneously out of the etheric substance, to heal, to do many wonderful things. In short, to attract a lot of attention. You haven't been attracting very much attention, have you? In all of your work, in all of your meditations and your sharings. It has done some good but for the most part it has only assisted in gathering the starseeds back together again.

It has not had a great deal of effect on humanity as a whole. It is a little bit more profound of an effect we are hoping to have you return as Ascended Masters and create quite a ruckus and a stir. And being in the Ascended state, you see, you will be not affected by negativity and doubt and fear and money, this sort of thing, these sort of limitations.

You will be able to be as radical and outrageous as you truly are, as you were before you took on the veils. So the veils will be lifted from you. So this is one choice, this is the choice that we are hoping many will accept. It is not mandatory to do so, if you, as a starseed, choose to Ascend in the first wave and to do some other service in another area with the Ashtar Command or to return to your origins, let me say, this will be perfectly acceptable.

As Ascended beings you are always doing some form of service or other, simply be being and showering your presence wherever you are. So you have come from very many different places and different levels of consciousness, different angelic realms, different states and you will have the opportunity to return to your soul families or to your points of origin.

If you have not felt comfortable and entirely at home on Earth, there is a very good reason for this. And it is good and it is a blessing that you have not, for it has kept you a little bit more awake, a little bit more hopeful of something more. So here is the something more.

Outside from the work we are doing with these communications and messages and enhancing individual spiritual growth we are working with the planet and we have been for some time to assist the planet in maintaining balance. We have up until recently been working to deter activities along the fault lines. This activity has ceased, it is time to allow this to occur and it is occurring, earthquakes, etcetera.

We have been working with our technology to assist in controlling somewhat the rotation of the Earth, controlling somewhat the wobble, the wobble which will inevitably result in a new polar shift. We have been doing much to focus the light which is being broadcast from the Creator himself throughout the Universe, specifically we have been working with energy grids.

It is difficult to describe, there is a grid of, somewhat like meridian lines with various vortexes surrounding your planet, we use this to assist in balancing and controlling the rate and the nature of the spiritual ray which is emanating to your world. This is as I have said to assist in balancing.

For your world is existing in a state of precarious balance at this time and we are doing everything we can and have been for quite some time to allow you and allow all of humanity to have the maximum time to develop spiritually, to be prepared for the changes and the Ascension which is taking place on this world.

With regards to Ascension, I would say as I have, the Earth itself, herself, is Ascending. This is an unavoidable growth which must occur. And it will result in some Earth changes, and most likely they will be quite dramatic. We are working with individual Ascension, especially strongly at this time because the time is so critical.

We are attempting to reach as many beings as possible, especially the starseed volunteers. You who have been among us in the past and will return to be with us again. As well as assisting all those on this planet who are open to spiritual growth and awareness at this time.

All those who have love in their hearts, are feeling this emanation that we are assisting in, are receiving messages subconsciously from us. It gives me great pleasure to be here with you, some of you are new to me, at least in this particular format.

We have been watching and observing all of you for quite some time. I must say you are branded individuals. You are glowing a little bit more profoundly than most of your cohorts here on Earth. So it is very difficult for you to escape our attention. And because you are glowing so much, it makes it easier for us to connect with you and to find you, no matter where you may try to hide.

And to share with you the love that we have. The gifts that we have, awaiting you. So it is a time of great celebration on our parts and I think soon it will be a time of great celebration on your part. It is a matter of your assimilating this information and especially assimilating this new energy which is manifesting, and as you do so you will find your life becomes more and more of a celebration and there is more joy and love within you.

And things begin to look quite a bit more positive. You have been surrounded by negative thoughts and emanations for many lifetimes. We are deprogramming you in our own way, not by brainwashing you but by showering you with so much love that you must melt.

Some of you have hardened your hearts a little bit in an effort to protect yourselves and I am understanding this, it is part of your growth process but we will melt this ice. For what we come to share is the same love that has been expressed by every master who has been here, there will be much training offered to you, you will be able to experience a great deal of wonder I believe at first until you re-acclimate yourself.

You will be taken to the large ships, the motherships. There we will have a great celebration. We are growing impatient to be reunited with you as you are with us. And you will find that it is highly likely that some of you will have surpassed us in your spiritual evolvement, so I would recommend that you do not look at us as gods that are above you to be worshiped but rather as your brothers and sisters.

So you will have the opportunity if you choose to remain upon the ships. The ships are quite large, the ones where you will be housed, there are of course shuttle craft, there are platforms as [Ion?] referred to them, there is one that is situated over this home as this is one of the headquarters of the Ashtar Command in this region.

We have a communications platform etherically located above this dwelling. But you will be taken to the motherships, there you will be able to experience much of a rest and relaxation, as some of you are growing quite weary with your third-dimensional limitation. It will be time for you to reacquaint yourself with your spiritual powers, with your I Am Presence, you will merge and become again Ascended Beings.

You will have to retrained perhaps with aspects of creativity, manifestation let me say, reacquainted with your powers and how to use them. But you will have no more need to struggle or to be on a survival level. You will have what you desire instantaneously manifested by your own desires, as all Ascended Beings can do.

So what is it like living on an ship, on an etheric fifth-dimensional ship? It is quite pleasant, it is quite aesthetic. Some of the ships are hundreds and hundreds of miles in diameter. There are cycles such as you experience here of day and night, simulated cycles. Sunlight is processed in a way such as to allow for a day and night experience.

There are natural settings, we have forests, we have streams and lakes, we have oceans, full of creatures. I might add there is no poison oak, however. We have selected wisely from those species, we have avoided anything of this sort. You might say it is a very Eden-like existence.

It is what the Earth will become after the Earth's Ascension, after the Earth changes have manifested and the Earth has become a fifth-dimensional entity. There will be a time when those who are evacuated will be offered the opportunity to return to Earth as Ascended Beings and to recolonize the Earth.

The Earth will be dramatically improved at that point. And those beings who inhabit the Earth will have the same Ascended Master capabilities as those of us on other planes do now.

So we are hoping, it is the plan, and I feel it is quite a brilliant plan, that with enough returnees, with enough Ascended Masters manifesting throughout the globe, in every nation and dramatically doing so I would say this should create quite a stir in the media and should inspire many others to find out what is going on, what is this is new age that is manifesting.

And there will be much of teaching and you will be trained, you will know how to protect yourselves from any negativity and you will know how to read human beings, read their thoughts and feelings. And you will have full use of the mind and of course as Jesus said last week, it is worth repeating, you will be immortal and ever youthful.

So when you return you will perhaps look a little bit younger, a little bit more radiant but you will still look the same, you will still be the same physical being. Somewhat transformed. I would encourage you continue to live as if you were going to be here for another five years or so. Despite the fact that the Ascension first wave could occur at anytime, and it is our hope that it occurs much sooner than that, there are no guarantees.

So it is not our wish that you or anyone else should throw their security up in the air, so to speak, it is for you to continue to act as if you are going to be here. If you feel strongly inspired within, if you feel internal guidance or a feeling or intuition to somewhat alter your schedule of work you may do so but I would like to add that it is your responsibility and not mine.

So if anyone here should quit their job and assume that in two days time they will be on the ships I don't want to hear about it. We are not giving any dates because it is not known by us when the exact date will be. So we are suggesting that you increase your amount of focused concentration or meditation.

But do not dramatically alter your lifestyle. So it is difficult because there is a process, an emotional healing which is underway when you accept this challenge as has been for some time with you on the spiritual path and as you know sometimes this makes it a little bit difficult to feel fully functional in the material realm and your work situations but by in large there will be a great deal of clearing that takes place emotionally so that you will all feel a great deal lighter as a result of the process.

There are three [guards?] to the first wave, there is a certain critical mass which must be attained, it is somewhere between one or two thousand beings, is our prediction as to the number that will be required, it could be more or less but we think that if there were two thousand starseeds who were ready to go on the first wave that that would probably be sufficient. Again this is a calculation, an estimate.

One hundred forty four thousand is a general estimate of the number of starseeds or Ascended Beings who are here at this time. So you see there are roughly one hundred and forty four thousand of you who have taken this mission as starseeds a long time ago. And we are only looking for a small percentage in order to make the first wave possible.

It is impossible for you to totally be able to tell, even by their behavior for as I said of the one hundred and forty four thousand beings who are here, the majority have fallen into a deep state of material existence, so the fact that they are not acting like starseeds does not mean they are not, it just means they are a little bit deeper undercover.

You are all on programs somewhat, perhaps some of you have a rather open-ended life, and you are ready to go at a moment's notice, others have been planning your lives for some time and you have in various stages of your dreams manifested, perhaps you have manifested completely certain aspects of your dreams, that which you wish to create, your careers, your attainments in this world.

And all of this will have somewhat of a pull upon you as you begin to lift in consciousness. For you will be presented with the reality that you need to let go of all of these aspects. And in letting go of them I would say a transformation will take place with you or wherein you will be existing in your world as you are now, fulfilling your responsibilities yet you will feel different about your attachments.

You will feel more free, more liberated, less bound, and more able to share from your higher-self, your truth to manifest that which you have perhaps been restricting of your manifestation of your character or your being.

## **END PART ONE**